



Sanctuary Studios

yoga, massage & wellness

Wednesday, July 21st from 6:30 pm - 9:30 pm: Adjustment Clinic:

Participating as an adjustor, you will learn to fine tune the subtle and profound skills of the hands-on arts. As a participant you will be challenged to align your practice and will melt into your mat with all of the hands-on love.



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47 Main Street (Downtown Plymouth) MA 774-454-7290 FindSanctuary.com